



OVER 40 hardy women took part in the SurfGirl and Body-Glove Girls Surfing Day held at the English Surfing Federation Surf School at Fistral beach, Newquay on Saturday.

Powerful two foot waves offered ideal conditions for the girls to get to grips with the technicalities of getting to their feet. Meanwhile, intermediate surfers were aided with their wave selection, paddling, turning and general polishing of

their skills. The female coaches were impressed with the girls. Former European champion Lisa Bartlett commented: "It was great to see how keen the girls were. Many took to the sport well, and some definitely got the bug straight away."

Girls travelled from all over Cornwall for the surf lessons, with a number of participants coming from outside the county from as far afield as Birmingham. Each were presented with

a goodie bag from Body Glove and SurfGirl Magazine to the value of over £25.

Newquay local Sarah James commented: "It was great fun and not as difficult as when I tried to learn on my own. The water was nice and warm with a wetsuit on and the atmosphere was laid back.

"We had a right laugh and nearly all the girls were standing by the end of the lesson."